

Public Psychiatry Fellowship

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Community Psychiatry Fellowship Program

Training the next Generation of
Psychiatrists to work in
Community Settings

Caring for the consumers of public psychiatric services has become increasing complex

It is complexity that calls for competent public psychiatrists who we are not yet training

For many years one of the most difficult issues facing public community mental health programs is the recruitment and retention of high quality psychiatric clinicians and leadership

The Goal

- New quality and eventual new leadership in Psychiatry for the public system in Philadelphia

Core Elements of PPF

- Core curriculum covers the essential topics in public psychiatry
- Fellows apply concepts learned in the academic curriculum to their field placements
- Presentations by guest speakers illustrate topics covered in curric

Ranz et al, *Psychiatric Services* 2008

Core Elements of PPF

- Fellows complete a practicum in mental health administration
- Field placements include a public mental health agency
- Weekly meetings with a faculty preceptor
- Faculty provide mentorship and support beyond fellowship year

Ranz et al

Fellowship Components

- Didactics
- Clinical
- Experiential

Fellows spend about 4 days per week at local host agency as junior attending and one day in didactic and experiential training activities

-Financed by host agency and Fellowship

- Focused on future leadership not just clinical practice
- Largely designed to train fellows to work in teams
- Not really designed to teach them basic psychiatry already well trained young psychiatrists
- Experiences and didactics designed to integrate new concepts e.g. “recovery” and a conceptual and fiscal understanding of the system

Didactics

- Based on Columbia curriculum
- Linked to recently published Handbook of Community Psychiatry
- New: sharing resources with other programs, e.g., Center for Public Service Psychiatry at Western Psych

Didactics: Curriculum

- ✧ History of Public Psych
- ✧ Funding for Services: Federal, State, Local
- ✧ Role of Psychiatrist in Community-Based Svcs
- ✧ Recovery-Focused Care & Psychosocial Rehab
- ✧ Homelessness
- ✧ Integrated care
- ✧ Design & Structure of Public MH Svcs
- ✧ Special Populations & Cultural Factors
- ✧ Alcoholism & Substance Abuse
- ✧ Child & Adolescent Systems
- ✧ Advocacy

Handbook of Community Psychiatry

Published 2012

Editors

Hunter L McQuiston

Wesley E. Sowers

Jules M. Ranz

Jacqueline Maus Feldman



The Center for Public Service Psychiatry

Western Psychiatric Institute and Clinic

CME: For readings and CME contact Eileen McKenna
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Join the meeting:
<http://tinyurl.com/Oct232014>

Enter the meeting passcode:
398 283 35
If using computer and phone,
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Join us for the next CPSP "Community Psychiatry Forum**"

In Collaboration with

The American Association of Community Psychiatrists
Collaborative Medication Management

Learning Objectives - Participants will be better able to:

- Describe shared decision-making as it pertains to medication management
- Identify the benefits of shared decision-making in psychopharmacology
- Develop an approach to integrating patient input into psychopharmacology choices
- Explain the relevance of this process for outcomes and adherence

CME: You can earn 1.25 CME credits

When: Thursday, October 23, 2014
11:45 am - 1:00 pm EDT

Course Wesley Sowers, MD
Directors: Robert Marin, MD

Guest Experts:

Jacqueline Feldman, MD, Director, Division of Public Psychiatry, Department of Psychiatry and Behavioral Neurobiology, Patrick H. Linton Professor; Vice Chair for Clinical Affairs, University of Alabama, Birmingham, AL

Larry Davidson, PhD, Professor of Psychiatry; Director, Program for Recovery and Community Health School of Medicine and Institution for Social and Policy Studies, Yale University, New Haven, CT

Clinical Placement Considerations

- Agency that respects the Fellowship
- Needs to be real work, not shadowing, but not overwhelming
- Preference for transformed services, e.g., recovery-oriented multi-disciplinary team vs traditional outpatient
- On-site supervision by recovery-oriented and available role model

Examples of Placements

- CIRCs: Wellness Alliance (HH)
Recovery Path (Comm Cncl)
- ACT teams: Philadelphia, Delaware Cty
- Targeted Case Management
- “RTF-A”
- Allow for special interests of the fellow

Experiential Learning

- Practicum at CBH
- Field trips to unique services, e.g, MHASP's 'The Well'
- “Lunches with Legends”—Joseph Rogers, Bill Dubin, Roland Lamb, etc
- Special events: IPS, Bell of Hope, Alliance Breakfast

Recruitment

- Outreach to residency programs
- Penn “Community Psychiatry Interest Group”
- Involve interested residents in activities of the Pennsylvania Psychiatric Leadership Council



‘Pied Piper of Public Psychiatry’



An APA and AACCP Collaboration

Recovery to Practice

- In late September 2014, under the auspices of the PPLC, two trainings were held in Harrisburg, one for facilitators (psychiatrists and people with lived experience), one for 'champions' of recovery
- It was only the second such regional training since RTP for psychiatrists was rolled out, and the APA Deputy Medical Director took part in the training

RECOVERY to PRACTICE

- ✧ **New curriculum intended to provide a basic understanding of...recovery oriented care and ...to bringing recovery oriented practice into the mainstream of the practice of psychiatry.**
- ✧ **Five years in development by APA and AACCP with input from all the stakeholders**
- ✧ **Funded by SAMHSA as part of the larger initiative to foster adoption of recovery practices among mental health providers**



RECOVERY **to** PRACTICE

- ✧ **Uses collaborative approach in which teams of psychiatrists and people in recovery serve as trainers, to model collaborative relationships**
- ✧ **Target audience: psychiatrists at any career level interested in learning or teaching about recovery-oriented practices**
- ✧ **Comprised of 9 modules that can be delivered online or live, individually or as a package**

RECOVERY to PRACTICE

- ✧ **Introduction to recovery oriented care**
- ✧ **Engagement and welcoming environment**
- ✧ **Person-centered planning/Shared decision making**
- ✧ **Peer supports in recovery**
- ✧ **Role of medication**
- ✧ **Health and wellness focused care**
- ✧ **Developing living skills and natural supports**
- ✧ **Culturally appropriate care**
- ✧ **Trauma-informed care**

Public Psychiatry Interest Groups

- Speakers who are role models of potential careers in public psychiatry—Peg Minehart, Irene Hurford, Kathleen Kline—or role models of transformative leadership—e.g., Sister Mary Scullion, CPS's
- Field trips provide unique and broadening experiences about the communities and contexts in which people recover, e.g., annual visit to the monthly meeting of NAMI of Delaware County to dialogue with family members and consumers....

Porch Light Behavioral Health Mural Arts Tour



October 19, 2014

Pennsylvania Psychiatric Leadership Council (PPLC)

- Created in 2005 by Estelle Richman
- Mission: transform the practice of public psychiatry in Pennsylvania
- Core: Centers of Excellence in Pittsburgh and Philadelphia
- Focus on the recruitment, training, and retention of community psychiatrists, including the leaders of the future



Capitol steps PPLC June 2012